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Vidget® 3-in-1 Flexible Seating System Research Summary Fact Sheet

Research Data Collection Overview

There were 3 primary data collection strategies utilized in this evaluation. These included three separate classroom observations by two independent observers, two surveys completed by the primary teacher and the student teacher in the classroom, and a brief survey completed verbally by the students in the classroom. Research was conducted in a kindergarten classroom with 16 students and 1 student teacher.

What was conducted:

- Researchers conducted pre-assessment with all students utilizing standard chairs.
- Four children, Girl A and Boy A, B & C, were highlighted having perceived struggles with attention, focus and engagement in the classroom and their behaviors were noted.
- Classroom converted to all students using Vidgets® and all standard chairs were removed from the room
- Researchers observed classroom one week after conversion
- Researchers returned to observe classroom 3 weeks of conversion

Three weeks after Vidget® conversion, researchers found:

- Qualitative improvement in the classrooms focus, attention and engagement
- 90% reduction in observable disruptive behavior
- 74% reduction in the number of times the teacher had to redirect students
- Noticeable reduction in the overall noise in the classroom – students were more focused and engaged in their work
- Improvement in attention, focus, engagement and behavior of four highlighted children, Girl A and Boy A, B & C

What the teachers had to say:

- “I have to say before the Vidgets® I was settling for 50% positive attention during a lesson and now after only 3 days with the chairs, 80% of the kids are attending and doing great!”
- “Girl A, who struggled with output of class work has TAKEN OFF in her ability to attend to written task. After a week of using the Vidget® she was writing using 1-2 sentences and is now sitting down for extended periods of time to write 5-6 sentence paragraphs! She often sits to write on her own accord now. I’m so grateful to have the Vidgets® to give her the sensory input she needs so that the output matches her ability level”

What Students had to say:

- “I like to hang onto the bumps in the chair”
- “There are two ways to sit on the Vidget®”
- “I like that I can move it”
- “You can do so many things with them”